**Curriculum Map PSHE/SEAL/ SRE /Come & See**

The DfE has stated as part of its national curriculum framework that ‘All schools should make provision for PSHE education, drawing on good practice’.

The PSHE Association, in consultation with a wide variety of agencies and practitioners, has produced its own programme of study based on the needs of today’s pupils and schools. Our programme of study at Sacred Heart identifies the key concepts and skills that underpin PSHE education, makes links to our R.E programme ‘Come & See’, our RSE policy, SEAL, CAFOD and Science. We have, through this curriculum map, identified how we uphold the statutory responsibility to support pupils’ spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life, underpinned by the Gospel Values of the Catholic Church.

Foundation Stage PSHE involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.

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| AUTUMN TERM **Reception Class**  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE(JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Show Self-confidence and self-awareness:** **Manage feelings and behaviour:****Make relationships:** | Try new activitiesSay what they like or dislike Speak in a groupTalk about their ideasChose resources Say if they do or don’t need helpTalk about how they and others feelTalk about they and others behaveTalk about consequences for behaviourKnow some behaviour is unacceptableWork as a class or part of a groupUnderstand and follow rulesAdjust behaviour to different situationsAdapt to changes in routinePlay co-operatively, take turnsTake account of one another’s ideasShow sensitivity to others’ needs and feelingsForm positive relationships with both adults and other childrenHear about the different types of families Explore the roles of individuals in the family | **Domestic church****Family – Myself**God knows and loves each one of us**Baptism/ confirmation belonging - Welcome** Baptism; a welcome to God’s family**Advent/ Christmas loving****Birthday** Looking forward to Jesus’ birthday | know they have a body – a gift from God(JIL) hear about babies growing into children and adults (JIL)name main parts of the body(JIL) explore what is needed for growth: love, food shelter, etc.hear that they are created by God (JIL) hear that each person is a unique gift of God (JIL) know that babies have special needs (JIL)know that family and friends should care for each other (JIL)explore the rituals thatmark and celebrate birth know that they belong to various groups such as family, church and school become aware of the school as a caring communityrecognise and deal with feelings in a positive way (JIL) |  SEAL ~ NEW BEGINNINGSI like the ways we are all different and I can tell you something special about me. Pg 24I can tell you something special about me. Pg 27I can tell if I am happy or sad. Pg 29I can let you know if I feel happy, excited, sad or scared. Pg 29I know that everybody in the world has feelings. Pg 33I know I belong to my class. Pg 24I like belonging to my class/group/school. Pg 24I know that people in my group/class like me. Pg 24I know that it’s ok to have any feeling but that it’s not ok to behave in any way we like. Pg 29EAL ~ SAY NO TO BULLYING!ANTI-Bullying Week Activities | Fairground:26– Special Places18—We are all special21—Caring for the Forest29—Let’s Celebrate Difference Story of the RainbowFairground:22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Link to any Advent charity work  |

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| SPRING TERM **Reception Class**  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Show Self-confidence and self-awareness:** **Manage feelings and behaviour:****Make relationships:** | Try new activitiesSay what they like or dislike Speak in a groupTalk about their ideasChose resources Say if they do or don’t need helpTalk about how they and others feelTalk about they and others behaveTalk about consequences for behaviourKnow some behaviour is unacceptableWork as a class or part of a groupUnderstand and follow rulesAdjust behaviour to different situationsAdapt to changes in routinePlay co-operatively, take turnsTake account of one another’s ideasShow sensitivity to others’ needs and feelingsForm positive relationships with both adults and other children | **Local church community Celebrating** People celebrate in Church**Eucharist relating****Gathering**The parish family gathers to celebrate the Eucharist**Lent/Easter giving****Growing** Looking forward to Easter | know who to go to when help is needed recognise that they belong to a distinct family group know that family and friends should care for each other (JIL)become aware of their special place within the family know that they belong to various groups, such as family, parish and school know about people who can keep them saferecognise that they belong to a distinct family group know that family and friends should care for each other (JIL)know that they belong to various groups, such as family, parish and school recognise how their behaviour affects other people reflect on the experiences of working together, sharing and playing togetherRecognise, name and deal with their feelings in a positive way (JIL)act in a considerate way towards others listen to other people, and play and work co-operatively recognise and appreciate growing things know that all household products, including medicines, can be harmful if not used properly be aware that loss is part of life |  SEAL ~ NEW BEGINNINGSI like the ways we are all different and I can tell you something special about me. Pg 24I can tell you something special about me. Pg 27I know that everybody in the world has feelings. Pg 33SEAL ~ GETTING ON FALLING OUT Turn taking page 21.SEAL ~ GOING FOR GOALS.Several of the activities in this set give opportunities for children to identify and set challenges for themselves. | Child’s Guide to CAFOD Journey Through Bolivia. Video: ‘One Day, One World’ CAFOD Primary CD ROM (September 2004) Fairground:27 - Being a Peace makerFast Day Stories:www.cafod.org.ukChild’s Guide to CAFOD:Story of SoriLink to LENT Charity  |

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| SUMMER TERM **Reception Class**  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Show Self-confidence and self-awareness:** **Manage feelings and behaviour:****Make relationships:** | Try new activitiesSay what they like or dislike Speak in a groupTalk about their ideasChose resources Say if they do or don’t need helpTalk about how they and others feelTalk about they and others behaveTalk about consequences for behaviourKnow some behaviour is unacceptableWork as a class or part of a groupUnderstand and follow rulesAdjust behaviour to different situationsAdapt to changes in routinePlay co-operatively, take turnsTake account of one another’s ideasShow sensitivity to others’ needs and feelingsForm positive relationships with both adults and other children | **Pentecost serving****Good News** Passing on the Good news of Jesus**Reconciliation** **Inter-relating****Friends**Friends of Jesus**Universal Church world****Our world** God’s wonderful world | develop an awareness of the need for exercise and rest and make simple choices that improve their health and well-being explore different ways of communicating learn that family and friends should care for each other (JIL) recognise and deal with feelings in a positive way (JIL) recognise right and wrong and learn to take responsibility for choices and actions recognise what they like and dislike, what is fair and unfair learn to say sorryexperience forgiveness hear about God’s unconditional love agree to and follow rules fortheir group and classroom and understand how rules help them develop the concept of sharing and taking turns recognise how their behaviour affects other peoplebecome aware that they have responsibilities within their family identify and respect the similarities and differences between people and recognise and celebrate their own culture know what improves and harms their local, natural and built environments and about some of the ways people look after them  |  SEAL ~ GOOD TO BE ME.I can tell you the things I like doing and the things I don’t like doing. Pg 12.SEAL ~ GETTING ON AND FALLING OUT.I can make up when I have fallen out with a friend. Pg 18I can thin k of ways to sort things out when we don’t agree. Pg 18I can express me feeling when I’m angry. Pg 18I can make myself feel better when I’m angry. Pg 18Also see pages 22 to 25SEAL ~ RELATIONSHIPSI can tell you when I think things are fair or unfair. Pg 17.SEAL ~ CHANGESHas a range of activities that deal with how children have changed or making things change for the better Pg 20 to 23.SEAL ~ GOOD TO BE MEI can stand up for my own needs and rights without hurting others. Pg 14. | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)www.cafod.org.uk/schools Fairground:29 - Millennium Development Goals—Making the world a fairer place.CAFOD Primary CD ROM[Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)Fairground:27 - Being a Peacemaker  Story of the RainbowFairground:18 - We are all Special21 - Caring for the Forest26 - Special Places29 - Let’s Celebrate Difference We work together poster and Lesson Plan Child’s Guide to CAFOD—Who is my neighbour?‘One Day, One World’ VideoPrimary CDROMRainbow Story |

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| AUTUMN TERM YEAR 1  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (SRE - bodies and hygiene)**  | Know that they can explore the world through their senses Learn how to make simple choices which improve their health and well being Learn how to maintain personal hygiene Be aware of the process of growing from young to old and the changing needs that brings | **Domestic church****Family Families**God’s love and care for every family**Baptism/ confirmation belonging****Belonging** Baptism an invitation to belong toGod’s family**Advent/ Christmas loving Waiting** Advent a timeto look forward to Christmas | Know that humans move, eat grow and reproduce (JIL)Name the main parts of the body (JIL) Recognise themselves as male and female(JIL)Learn how to improve personal hygiene(JIL) Know that there are different types of families (JIL)Recognise the roles of individuals within the family (JIL)Know that secure loving relationships within the family are important (JIL)Recognise they are created by God (JIL)Recognise that babies have special needs (JIL)Know about rituals that mark and celebrate birth and belonging to a community  | **New beginnings** Recognise that they are created by God Agree to and follow rules for their group and classroom and understand how rules help them **Say no to bullying** Recognise that God cares for each person individually Recognise that families and friends care for each other Realise that people and other living things have needs, and that they have responsibilities to meet them **Getting on and Falling out** Know that they are valued within the family group Recognise the roles of individual, within the family Recognise that families and friends care for each other Appreciate relationships and know that they belong to various groups and communities, such as family and school Share their opinions on things that matter to them and explain their views  | Fairground:26– Special Places18—We are all special21—Caring for the Forest29—Let’s Celebrate Difference Story of the RainbowFairground:22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Story of the RainbowFairground:19—Mani’s Healthy Journey23—Where is my home?25—Water for Life |

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| SPRING TERM YEAR 1  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education - safety and wellbeing)**  | Learn about rules that are made to keep us safe How to make simple choices which improve their health and well-being | **Local church community****Special people** People in the parish family**Eucharist relating****Meals**Mass; Jesus’ specialMeal**Lent/Easter giving****Change** Lent a time for change |  Recognise that families and friends care for each other (JIL) | **Going for Goals** Set simple personal goals Recognise, name and deal with their feelings in a positive way Recognise choices they can make and recognise the different between right and wrong **Relationships** Begin to act considerately Recognise, name and deal with their feelings in a positive way Become aware of what makes them feel uncomfortable Develop simple strategies for dealing with uncomfortable situations Reflect on the family experience of loss and change Know that family and friends should care for each other Be aware that loss and change are part of life Explore ways people can express their feelings about loss and change  | Child’s Guide to CAFOD Journey Through Bolivia. Video: ‘One Day, One World’ CAFOD Primary CD ROM (September 2004)Fairground:21 - Caring for the Forest27 - Being a Peace makerFast Day Stories:www.cafod.org.uk Child’s Guide to CAFOD: Story of Sori Fairground:23 - Where is my home - Story of Sitara25 - Water for Life. |

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| SUMMER TERM YEAR 1  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Difference and Diversity)** **Environment**  | Identify ways in which they can enhance their family lives Listen to, work and play co-operatively with others Recognise what makes something fair or unfair Become aware of the rich variety of different cultures in our society Respect the similarities and differences between people Hear about different forms of communication media What improves and harms their local environment and some of the different ways people look after it | **Pentecost serving****Holidays & holydays** Pentecost: feast of the Holy Spirit**Reconciliation****Inter-relating****Being sorry**God helps us to choosewell Sacrament ofReconciliation**Universal Church world****Neighbours** Neighbours share God’s world | Recognise that family and friends care for each other (JIL) | **Good to be me** Recognise the importance of telling the truth Recognise ways in which their behaviour affects others Become aware of taking responsibility for words and actions Learn how to say sorry and experience forgiveness Hear about God’s unconditional love Recognise, value and appreciate the work of others Recognise their likes, dislikes and preferences and to express and justify a personal opinion **Changes** **T**hink about themselves and their experiences and learn from them  | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)www.cafod.org.uk/schools Fairground:29 - Millennium Development Goals—Making the world a fairer place.CAFOD Primary CD ROM[Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)Fairground:27 - Being a PeacemakerFairground:18 - We are all Special21 - Caring for the Forest26 - Special Places29 - Let’s Celebrate Difference We work together poster and Lesson Plan Child’s Guide to CAFOD—Who is my neighbour?‘One Day, One World’ VideoPrimary CDROMRainbow Story |

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| AUTUMN TERM YEAR 2  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (SRE - the human body)**  | Appreciate that some diseases spread and can be controlledRecognise that they belong to distinct family groups | **Domestic church****Family****Beginnings** God at every beginning**Baptism/ confirmation belonging****Signs & symbols** Signs & symbols in Baptism**Advent/ Christmas loving****Preparations** Advent; preparing to celebrate Christmas |  Learn that humans can produce babies (JIL)Learn that babies grow into children and then adults(JIL)Recognise themselves as male and female (JIL)Hear about the ideal of loving and sharing in a Christian marriage (JIL)Reflect on their contributions to building up a loving family (JIL)Learn that family and friends should care for each other (JIL)Understand how to treat themselves and others with respect and dignity (JIL) | **New beginnings** Recognise what they are good at Learn how rules help them and how to follow rules for the group or class **Say no to bullying** Recognise that there are different types of teasing and bullying is wrong, and how to get help to deal with bullying Begin to understand and respect the dignity of people with specific disabilities Recognise that every individual has special needs and that each need will vary in its identity and how it is addressed. **Getting on and falling out**  | Fairground:26– Special Places18—We are all special21—Caring for the Forest29—Let’s Celebrate Difference Fairground:22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Story of the RainbowFairground:19—Mani’s Healthy Journey23—Where is my home?25—Water for Life |

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| SPRING TERM YEAR 2  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education - medicines and safety)**  | Learn that all medicines are drugs but not all drugs are medicines Learn basic road safety rules Investigate the ways in which exercise and rest help develop healthy bodies Learn how to make simple choices that improve their health and well-being | **Local church community****Books**The books used inChurch**Eucharist relating****Thanksgiving** Mass a special time for saying thank you to God for everything,especially Jesus**Lent/Easter giving****Opportunities** Lent; an pportunity to start anew in order to celebrate Jesus’ new life | Understand that their bodies are special and develop ways to protect and respect them (JIL)Be able to talk about their behaviour and feelings can affect the behaviour and feelings of others (JIL) | **Going for Goals** Learn how to set simple goals Know how they learn best **Relationships** Develop an awareness of right and wrong Reflect on their own experiences of loss, death and change Explore family rituals relating to loss, death and change Reflect on the community experience of loss and change Know that sharing and expressing feelings of grief and loss is acceptable Explore church rituals that mark loss, death and change  | Child’s Guide to CAFOD Journey Through Bolivia. Video: ‘One Day, One World’ CAFOD Primary CD ROM (September 2004)Fairground:21 - Caring for the Forest27 - Being a Peace makerFast Day Stories:www.cafod.org.uk Child’s Guide to CAFOD: Story of Sori Fairground:23 - Where is my home - Story of Sitara25 - Water for Life. |

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| SUMMER TERM YEAR 2 |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Difference and Diversity)** **Environment** **Money Management** | Recognise the need to co-operate in work and play Provide opportunities to explore celebrations in different culturesAppreciate that advertising is part of contemporary life and its effects on our way of lifeBegin to appreciate their responsibility for the world investigate things which improve or harm the local and national environment and the things people do to care for itRecognise that some of the earth’s resources are finite and therefore must be used responsibly by all of usRecognise that money comes from different sources and can be used for different purposes | **Pentecost serving****Spread the word** Pentecost a time to spread the Good News**Reconciliation****Inter-relating****Rules** Reasons for rules in the Christian family Sacrament of Reconciliation**Universal Church world****Treasures** God’s treasure; the world | Understand how to treat themselves and others with mutual respect and dignity(JIL)Recognise, name and deal with their feelings in a positive way (JIL)Be able to talk about their emotions (JIL)Become aware of what makes them feel uncomfortable and develop simple strategies for dealing with uncomfortable situations (JIL)  | **Good to be me** Recognise the need to respect the rights and properties of others Recognise their gifts and talents Recognise the importance of telling the truth and keeping promisesBegin to develop an understanding of the need for forgiveness and reconciliation **Changes** Share their opinions on things that matter to them and explain their views  | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)www.cafod.org.uk/schools Fairground:29 - Millennium Development Goals—Making the world a fairer place.CAFOD Primary CD ROMWww.cafod.org.uk/schoolsFairground:27 - Being a PeacemakerFairground:18 - We are all Special21 - Caring for the Forest26 - Special Places29 - Let’s Celebrate Difference We work together poster and Lesson Plan Child’s Guide to CAFOD—Who is my neighbour?‘One Day, One World’ VideoPrimary CDROMRainbow Story |

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| AUTUMN TERM YEAR 3  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (SRE - life stages and relationships)**  | Understand that they grow and change throughout life.Learn about what makes a healthy life-style, including the benefits of healthy eating, and how to make informed choices.Learn that bacteria and viruses affect health and that following simple, safe routines can reduce their spread | **Domestic church****Family****Homes** God’s dream for every family**Baptism/ confirmation belonging****Promises** Promises made at Baptism**Advent/ Christmas loving****Visitors** Advent: waiting for the coming of Jesus | Learn to value themselves as children of God (JIL) Learn the main stages of the human life cycle from birth to death (JIL)Explore the expressions of love and joy in a family (JIL)Explore the sacrament of marriage as an expression of love(JIL)Investigate why parents need to care for their families (JIL)Investigate what is meant by relationships within families (JIL)Explore rituals celebrated in church, marking birth, marriage and death Explore ways in which their actions can spoil loving family relationships (JIL)Investigate what is meant by relationships with families (JIL) | **New beginnings** Investigate the special qualities, gifts and emotions of each person made in the image and likeness of God **Say no to bullying** Realise the consequences of anti-social behaviours, such as bullying and racism, on individuals and communities **Getting on and falling out** Recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals  | Fairground:26– Special Places18—We are all special21—Caring for the Forest29—Let’s Celebrate Difference Story of the RainbowFairground:22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana GameFairground:19—Mani’s Healthy Journey23—Where is my home?25—Water for Life |

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| SPRING TERM YEAR 3  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education - tobacco education)** **Citizenship and democracy**  | Become aware of substances which harm the bodyBecome aware of choices they can make to protect their bodiesUnderstand which commonly available substances and drugs are legal and illegal, their effects and risksExplore the qualities that make a good communityThat there are different kinds of responsibilities, rights and , and that these can sometimes conflictTo recognise the role of community, voluntary and pressure groupsExplore why and how rules and laws are made and enforced and why different rules are needed in different situationsBecome aware of school rules about health and safety, understand what democracy is, and about the basic institutions that support it locally and nationally. | **Local church community****Journeys** Christian family’s journey with Jesus**Eucharist relating****Listening & sharing** Jesus gives himself to us in aspecial way**Lent/Easter giving****Giving all** Lent a time to remember Jesus’ total giving |  Understand the importance of honesty and self-discipline (JIL)Learn about daily routines to care for your body and understand about a healthy lifestyle (JIL) | **Going for Goals** To resolve differences by looking at alternatives, making decisions and explaining choices **Relationships** Explore aspects of friendship Explore changes that loss brings to themselves and others Become aware of the range of feelings that people have when they experience a lossBe aware that death leads to ‘new life’ with God ’ Become aware that the church has rituals and ways of dealing with death  | Child’s Guide to CAFODJourney Through Bolivia. Video: ‘One Day, One World’ CAFOD Primary CD ROM (September 2004)Fairground:21 - Caring for the Forest27 - Being a Peace makerFast Day Stories:www.cafod.org.uk Child’s Guide to CAFOD: Story of Sori Fairground:23 - Where is my home - Story of Sitara25 - Water for Life. |

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| SUMMER TERM YEAR 3 |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Difference and Diversity)** **Environment**  | Realise the consequences of anti-social behaviours, such as bullying and racism, on individuals and communitiesBe aware of the importance of working together as part of a communityDevelop an appreciation of their own cultures and identify some significant elements in themto appreciate the range of national, regional., religious and ethnic identities in the United KingdomExplore how the media present informationExplore ways in which people affect the environmentLearn that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environmentExplore ways in which they are responsible for their own environments, including the development of sensible road use | **Pentecost serving****Energy**Gifts of the HolySpirit**Reconciliation****Inter-relating****Choices**The importanceof examination ofconscience Sacramentof Reconciliation**Universal Church world****Special places**Holy places for Jesus& the Christian |  Explore the ways in which feelings affect, and are affected by actions (JIL) | **Good to be me** Deepen the understanding of forgiveness and reconciliation Explore the place of the sacrament of Reconciliation in their lives Find out what happens to their bodies during periods of rest and exercise **Changes** 3.3.c investigate the consequences of choices  | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)www.cafod.org.uk/schools Fairground:29 - Millennium Development Goals—Making the world a fairer place.CAFOD Primary CD ROM[Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)Fairground:27 - Being a PeacemakerFairground:18 - We are all Special21 - Caring for the Forest26 - Special Places29 - Let’s Celebrate Difference We work together poster and Lesson Plan Child’s Guide to CAFOD—Who is my neighbour?‘One Day, One World’ VideoPrimary CDROMRainbow Story |

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| AUTUMN TERM YEAR 4  |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (SRE-being healthy and preparing for puberty)**  | Explore how to maintain a healthy body by a balanced dietUnderstand what makes a healthy lifestyle, exercise, healthy eating and how to make informed choicescontinues to develop the Understanding that families can be places of love and joy | **Domestic church****Family****People**The family of God in Scripture**Baptism/ confirmation belonging****Called**Confirmation:a call to witness**Advent/ Christmas loving****Gift**God’s gift of love &friendship in Jesus | Develop their awareness of the life cycle from conception to birth (JIL) Learn about themselves as a child of God and their body as God’s gift to them(JIL)Know that each person , made in the image and likeness of God, has special qualities and gifts to contribute to community living (JIL)To explore the sacrament of marriage as an expression of love (JIL)Explore their family responsibility towards the relationship within the family (JIL)Be aware of different types of relationship, including marriage and those between friends and families and to develop skills to be effective in relationships(JIL)Explore and develop strategies to maintain good relationships (JIL) | **New beginnings** Identify positive things about themselves and their achievements Explore the gifts of creation Investigate the way people use God’s gift of creation That there are different kinds of responsibilities, rights and duties at home, school and in community, and that these can sometimes conflict with each other **Say no to bullying** Reflect on spiritual, moral, social and cultural issues using imagination to understand other people’s experiences Become aware of the consequences of anti-social behaviour, such as bullying, teasing and racism **Getting on and falling out** Explore and develop strategies to maintain good relationships deepen the understanding of what is meant by relationships and families  | Fairground:26– Special Places18—We are all special21—Caring for the Forest29—Let’s Celebrate Difference Fairground:22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Story of the RainbowFairground:19—Mani’s Healthy Journey23—Where is my home?25—Water for Life |

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| SPRING TERM YEAR 4 |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education - alcohol education)**  | Investigate ways that harmful substances can enter the bodyContinue the awareness of ways to protect their body from harmful substancesKnow which commonly available substances and drugs are legal and illegal and their effects and risksLearn what makes a healthy lifestyle, exercise, healthy diet, and how to make informed choicesLearn school rules about health and safety, basic emergency aid procedures and where to get helpExplore the many ways in which people are exposed to advertising | **Local church community****Community** life in the local Christian community: ministries inthe parish**Eucharist relating****Giving & receiving**Living in communion**Lent/Easter giving****Self discipline** Celebrating growth to new life |  Learn about what makes a healthy lifestyle (JIL)  | **Going for Goals** Learn to see mistakes, make amends and set personal goals Investigate people’s reactions to differences e.g. of talents, looks, cultures **Good to be me** Become aware of right and wrong choices and their consequences Know how to respond to aggressive behaviour and how to ask for help  | Child’s Guide to CAFODJourney Through Bolivia. Video: ‘One Day, One World’ CAFOD Primary CD ROM (September 2004)Fairground:21 - Caring for the Forest27 - Being a Peace makerFast Day Stories:www.cafod.org.uk Child’s Guide to CAFOD: Story of Sori Fairground:23 - Where is my home - Story of Sitara25 - Water for Life. |

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| SUMMER TERM YEAR 4 |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Difference and Diversity)** **Environment**  | Explore and value the differences of individuals in their communitiesLearn about the range of jobs carried out by people they knowInvestigate people’s reactions to differences e.g. of talents, looks, culturesInvestigate community life in a ‘ developing world’ areaLearn that difference and similarities between people arise from a number of factors, cultural, ethic, racial, religious, gender and disabilityBecome aware of the consequences of anti-social behaviour, such as bullying, teasing and racismIdentify ways in which people in our world depend on each otherthink about lives of people living in other places and times and people with different values and customsExplore the consequences of anti-social behaviour on individuals and communitiesExplore ways in which their actions affect the environment and how they can work with others to preserve the environment | **Pentecost serving****New life**To hear & live theEaster message**Reconciliation****Inter-relating****Building bridges** Admitting wrong, being reconciled with God and each other Sacrament of Reconciliation**Universal Church world****God’s people** Different saints show people what God is like | Deepen their appreciation of the place of the sacrament of Reconciliation in their livesLearn about the place of love and joy in families (JIL) Continue to explore the Sacrament of marriage as an expression of love(JIL) | **Changes** Deepen an understanding of the necessity to say sorry and forgive others**Relationships** Develop the understanding of honesty and self-discipline Explore different situations that show care and consideration towards the needs of others Appreciate that there are many feelings and emotions associated with grieving and loss (death, separation, divorce) Be aware that death leads to ‘new life’ with God Investigate the rituals and ways that the Church has to deal with death. Explore strategies for dealing with emotions and feelings that come with death and loss Learn that their feelings affect themselves and others, to care about other people’s feelings and to try and see things from their point of view  | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)www.cafod.org.uk/schools Fairground:29 - Millennium Development Goals—Making the world a fairer place.CAFOD Primary CD ROM[Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)Fairground:27 - Being a PeacemakerFairground:18 - We are all Special21 - Caring for the Forest26 - Special Places29 - Let’s Celebrate Difference We work together poster and Lesson Plan Child’s Guide to CAFOD—Who is my neighbour?‘One Day, One World’ VideoPrimary CDROMRainbow Story |

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| AUTUMN TERM YEAR 5  |
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| **Our Lives (Difference and Diversity)**  |  Explore the meaning of prejudice and how it can be expressed Investigate ways in which the community deals with prejudice Appreciate the range of national, regional, religious and ethnic identities within the UK Understand that differences and similarities between people arise from a number of factors, including cultural, ethnic/racial, religious diversity, gender or disability Consider the experiences and lives of other people living in other places/times and with different values and customs Reflect on social, moral and cultural issues using imagination, to consider the experience of others Develop an understanding and respect for the beliefs and cultures of others Appreciate the diversity of national, regional, religious and ethnic identities in the UK. Become aware of how local agencies support people in need  | **Domestic church****Family****Ourselves** Created in the image & likeness of God**Baptism/ confirmation Belonging****Life choices** Marriage commitment and service**Advent/ Christmas Loving****Hope** Advent; waiting in joyful hope for Jesus; the promised one | Explore ways to reflect God’s unconditional love in their lives (JIL)Reflect on personal responsibility for maintaining good relationships (JIL)Explore ways of dealing with broken relationships and bringing about reconciliation (JIL) | **New beginnings** Recognise their work as individuals by expressing positive things about themselves Begin to explore the concept of democracy and the institutions which support it locally and nationally Why and how rules and laws are made and enforced, that different rules are needed in different contexts and how to participate in the creation of rules and adapting them. **Say no to bullying** Express and justify a personal opinion issues of personal and social concern Realise the nature and consequences of racism, teasing, bullying and aggressive behaviours, and how to respond to them and ask for help **Getting on and falling out** Learn that there are different kinds of duties, rights and responsibilities at home, at school and in the community and that these can sometimes conflict | Fairground:26– Special Places18—We are all special21—Caring for the Forest29—Let’s Celebrate Difference Fairground:22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Story of the RainbowFairground:19—Mani’s Healthy Journey23—Where is my home?25—Water for Life |

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| **Our Lives (Drugs Education-drug and alcohol education)**  | Understand which commonly available substances and drugs are legal and illegal and their effects and the associated riskBecome aware of the effects of exercise bones , muscles and organsLearn about options for a healthy lifestyle, including benefits of exercise healthy eating and what affects positive mental health, and to make informed choicesDevelop an awareness of the way the media influences our choices | **Local church community****Mission** Continuing Jesus’ mission in diocese [ecumenism]**Eucharist relating****Memorial sacrifice**The Eucharist the living memorial of Jesus’ sacrifice**Lent/Easter giving****Sacrifice**Lent a time of aligningwith the sacrificealready madeby Jesus | Learn about sources of help and support for individuals, families and groups (JIL)That pressure to engage in unacceptable or risky behaviour can come from a variety of sources, including people they know, and to exercise basic techniques for resisting pressure(JIL) Explore the need for a healthy lifestyle (JIL) Recognise that actions have consequences for themselves and other, recognise others’ feelings and put themselves in someone else’s shoes (JIL) Explore the meaning of friendship, trust and loyalty (JIL)Learn about different types of relationships among friends and families and to develop skills needed to be effective in relationships (JIL)To be able to talk about relationships and how to seek advice from significant adults (JIL) Understand about a healthy lifestyle and the options and choices they make (JIL) | **Going for Goals** **Relationships** Understand that grieving (death, separation, divorce)is a process Explore the ways in which Church rituals help people deal with loss  | Child’s Guide to CAFODJourney Through Bolivia. Video: ‘One Day, One World’ CAFOD Primary CD ROM (September 2004)Fairground:21 - Caring for the Forest27 - Being a Peace makerFast Day Stories:www.cafod.org.uk Child’s Guide to CAFOD: Story of Sori Fairground:23 - Where is my home - Story of Sitara25 - Water for Life. |

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| **Our Lives (SRE – Puberty)** **Environment**  | As they approach puberty learn about bodily changeslearn about options for a healthy lifestyle, including benefits of exercise, healthy eating and what affects positive mental healthAppreciate the roles and responsibilities of other family members Explore the concept that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment | **Pentecost serving****Transformation** Celebration of the Spirit’s transforming power**Reconciliation****Inter-relating****Freedom & responsibility** Commandments enable Christians to be free & responsible**Universal Church world****Stewardship**The Church is called to the stewardship of Creation | Explore ways to reflect God’s unconditional love in their lives(JIL)Learn how to manage feelings as they change(JIL)Explore different ways to respond to the gifts of creation- using a variety of media and experiences (JIL)Talk about relationships and know how to seek advice from significant adults(JIL)Investigate what is involved in bringing up children(JIL)As they approach puberty; the changes in emotions that puberty brings and how to manage their feelings Including menstruation(JIL)Explore the marriage liturgy, especially the parents’ responsibility towards children as expressed through the vows of Christian marriage (JIL)Learn about the different types of relationships among friends and families and develop the skills needed to be effective in relationships(JIL) | **Good to be me** **Changes** Reflect on their changing role and responsibilities within the family  | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)www.cafod.org.uk/schools Fairground:29 - Millennium Development Goals—Making the world a fairer place.CAFOD Primary CD ROM[Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)Fairground:27 - Being a PeacemakerFairground:18 - We are all Special21 - Caring for the Forest26 - Special Places29 - Let’s Celebrate Difference We work together poster and Lesson Plan Child’s Guide to CAFOD—Who is my neighbour?‘One Day, One World’ VideoPrimary CDROMRainbow Story |

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| **Our Lives (Difference and Diversity – stereotyping)**  | Explore the effects of stereotyping on other people Investigate the effects of stereotyping on the community Develop strategies for minimising the effects of stereotyping Realise the nature and consequences of racism, teasing, bullying and aggressive behaviour Recognise that differences and similarities between people arise from a number of factors Reflect on the ways they are able to support people in their community Develop sensitivity and respect of the rights and needs of others regardless of gender, race, belief, physical and mental ability Develop ways to evaluate media experiences and to make critical judgements   | **Domestic church****Family****Loving**God who never stops loving**Baptism/ confirmation belonging****Vocation & commitment** The vocation of priesthood and religious life**Advent/ Christmas loving****Expectations** Jesus born to show God to the world | Recognise that actions have consequences for themselves and others, recognise others’ feelings (JIL) | **New beginnings** Consider the necessity for family rules Explore groups they belong to and the commitment made to groups Recognise their worth as individuals by expressing positive things about themselves and their achievements Learn that there are different kinds of duties, responsibilities and rights at home, school and in the community and that these can conflict with each other **Say no to bullying** Realise the nature and consequences of racism, teasing, bullying and aggressive behaviour **Getting on and falling out** Recognise risks in different situations and make judgements about behaviour  | Fairground:26– Special Places18—We are all special21—Caring for the Forest29—Let’s Celebrate Difference Story of the RainbowFairground:22– Fair Price for Coffee Fair Trade quiz—buying and selling Global Connections Banana Game Story of the RainbowFairground:19—Mani’s Healthy Journey23—Where is my home?25—Water for Life |

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| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in LoveChildren will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education-drug and alcohol education)**  | Develop appropriate techniques to resist pressure from friends and others with regard to tobacco, alcohol and drugsLearn which commonly available substances and drugs are legal and illegal, their effects and risksInvestigate ways to achieve a healthy body through diet, exercise, hygiene and rest | **Local church community****Sources**The Bible, the special book for the Church**Eucharist relating****Unity** Eucharist enables people to live in communion.**Lent/Easter giving****Death & new life** Celebrating Jesus’ death & resurrection | Develop skill needed to form, and to end relationships(JIL)Continue developing ways to talk about relationships and to seek advice from significant adults(JIL)Learn about different kinds of relationships among friends and families and develop the skills to be effective in relationships(JIL)Recognise the risks in different situations and make judgements about behaviour (JIL)Investigate ways to achieve a healthy body and lifestyle(JIL) | **Going for Goals** Recognise their worth as individuals by expressing positive things about themselves and their achievements **Relationships** Know that there are helping agencies to support families and individuals in time of loss Be aware that death leads to’ new life’ with God Know that the Church has rituals and ways of dealing with death Reflect on their developing role within the family  | Child’s Guide to CAFOD Journey Through Bolivia. Video: ‘One Day, One World’ CAFOD Primary CD ROM (September 2004) Fairground:21 - Caring for the Forest27 - Being a Peace makerFast Day Stories:www.cafod.org.uk Child’s Guide to CAFOD: Story of Sori Fairground:23 - Where is my home - Story of Sitara25 - Water for Life.     |

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| **Our Lives (SRE - sex and relationship education)** **Environment** **Money management** | Be aware that balanced diet, exercise, hygiene and rest are necessary for maintaining a healthy body and a healthy mindLearn that bacteria and viruses can affect heath and transmission may be reduced when simple safe routines are usedConsider ways in which they can contribute to family lifeDeepen awareness of current environment issues in the context of God’s creation including allocation of resourcesExplore ways to look after money and the benefits of saving for future needs(invite local Bank representatives to come into school ) ***Lloyds have a good schools prog so do Barclays***  | **Pentecost serving****Witnesses** The Holy Spirit enables people to become witnesses**Reconciliation****Inter-relating****Healing** Sacrament of the Sick**Universal Church world****Common good** Work of the worldwide Christian family | Reflect on the importance of God’s unconditional love(JIL)Know the basic biology of human reproduction within the context of marriage (including sexual intercourse) (JIL)Learn about different kinds of relationships among friends and families and to develop the skills needed to be effective in relationships(JIL) Develop an appreciation of what is involved in bringing up children (JIL)Hear about the commitment of Christian parents in bringing up their children (JIL)Explore the responsibilities that parents have in bringing up children (JIL)Recognise and value the importance of forgiveness in relationships and the place of themselves in this(JIL) Develop ways to deal with the consequences of wrong choices(JIL) | **Good to be me****A**ppreciate the healing grace that is available through the sacrament of Reconciliation **Changes** Face new challenges positively through collecting information , looking for help, making responsible choices and taking action | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)www.cafod.org.uk/schools Fairground:29 - Millennium Development Goals—Making the world a fairer place.CAFOD Primary CD ROMWww.cafod.org.uk/schools  Fairground:27 - Being a Peacemaker  Story of the RainbowFairground:18 - We are all Special21 - Caring for the Forest26 - Special Places29 - Let’s Celebrate Difference We work together poster and Lesson Plan Child’s Guide to CAFOD—Who is my neighbour?‘One Day, One World’ VideoPrimary CDROMRainbow Story |