**Curriculum Map PSHE/SEAL/ SRE /Come & See**

The DfE has stated as part of its national curriculum framework that ‘All schools should make provision for PSHE education, drawing on good practice’.

The PSHE Association, in consultation with a wide variety of agencies and practitioners, has produced its own programme of study based on the needs of today’s pupils and schools. Our programme of study at Sacred Heart identifies the key concepts and skills that underpin PSHE education, makes links to our R.E programme ‘Come & See’, our RSE policy, SEAL, CAFOD and Science. We have, through this curriculum map, identified how we uphold the statutory responsibility to support pupils’ spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life, underpinned by the Gospel Values of the Catholic Church.

Foundation Stage PSHE involves helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.

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| AUTUMN TERM **Reception Class** | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE(JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Show Self-confidence and self-awareness:**  **Manage feelings and behaviour:**  **Make relationships:** | Try new activities  Say what they like or dislike  Speak in a group  Talk about their ideas  Chose resources  Say if they do or don’t need help  Talk about how they and others feel  Talk about they and others behave  Talk about consequences for behaviour  Know some behaviour is unacceptable  Work as a class or part of a group  Understand and follow rules  Adjust behaviour to different situations  Adapt to changes in routine  Play co-operatively, take turns  Take account of one another’s ideas  Show sensitivity to others’ needs and feelings  Form positive relationships with both adults and other children  Hear about the different types of families  Explore the roles of individuals in the family | **Domestic church**  **Family – Myself**  God knows and loves each one of us  **Baptism/ confirmation belonging - Welcome** Baptism; a welcome to God’s family  **Advent/ Christmas loving**  **Birthday** Looking forward to Jesus’ birthday | know they have a body – a gift from God(JIL)  hear about babies growing into children and adults (JIL)  name main parts of the body(JIL)  explore what is needed for growth: love, food shelter, etc.  hear that they are created by God (JIL)  hear that each person is a unique gift of God (JIL)  know that babies have special needs (JIL)  know that family and friends should care for each other (JIL)  explore the rituals that  mark and celebrate birth  know that they belong to various groups such as family, church and school  become aware of the school as a caring community  recognise and deal with feelings in a positive way (JIL) | SEAL ~ NEW BEGINNINGS  I like the ways we are all different and I can tell you something special about me. Pg 24  I can tell you something special about me. Pg 27  I can tell if I am happy or sad. Pg 29  I can let you know if I feel happy, excited, sad or scared. Pg 29  I know that everybody in the world has feelings. Pg 33  I know I belong to my class.  Pg 24  I like belonging to my class/group/school. Pg 24  I know that people in my group/class like me. Pg 24  I know that it’s ok to have any feeling but that it’s not ok to behave in any way we like.  Pg 29  EAL ~ SAY NO TO BULLYING!  ANTI-Bullying Week Activities | Fairground:  26– Special Places  18—We are all special  21—Caring for the Forest  29—Let’s Celebrate Difference    Story of the Rainbow  Fairground:  22– Fair Price for Coffee    Fair Trade quiz—buying and selling    Global Connections    Banana Game    Link to any Advent charity work |

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| SPRING TERM **Reception Class** | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Show Self-confidence and self-awareness:**  **Manage feelings and behaviour:**  **Make relationships:** | Try new activities  Say what they like or dislike  Speak in a group  Talk about their ideas  Chose resources  Say if they do or don’t need help  Talk about how they and others feel  Talk about they and others behave  Talk about consequences for behaviour  Know some behaviour is unacceptable  Work as a class or part of a group  Understand and follow rules  Adjust behaviour to different situations  Adapt to changes in routine  Play co-operatively, take turns  Take account of one another’s ideas  Show sensitivity to others’ needs and feelings  Form positive relationships with both adults and other children | **Local church community Celebrating** People celebrate in Church  **Eucharist relating**  **Gathering**  The parish family gathers to celebrate the Eucharist  **Lent/Easter giving**  **Growing** Looking forward to Easter | know who to go to when help is needed  recognise that they belong to a distinct family group  know that family and friends should care for each other (JIL)  become aware of their special place within the family  know that they belong to various groups, such as family, parish and school  know about people who can  keep them safe  recognise that they belong to a distinct family group  know that family and friends should care for each other (JIL)  know that they belong to various groups, such as family, parish and school  recognise how their behaviour affects other people  reflect on the experiences of working together, sharing and playing together  Recognise, name and deal with their feelings in a positive way (JIL)  act in a considerate way towards others  listen to other people, and play and work co-operatively  recognise and appreciate growing things  know that all household products, including medicines, can be harmful if not used properly  be aware that loss is part of life | SEAL ~ NEW BEGINNINGS  I like the ways we are all different and I can tell you something special about me. Pg 24  I can tell you something special about me. Pg 27  I know that everybody in the world has feelings. Pg 33  SEAL ~ GETTING ON FALLING OUT  Turn taking page 21.  SEAL ~ GOING FOR GOALS.  Several of the activities in this set give opportunities for children to identify and set challenges for themselves. | Child’s Guide to CAFOD   Journey Through Bolivia.   Video: ‘One Day, One World’    CAFOD Primary CD ROM (September 2004)  Fairground:  27 - Being a Peace maker  Fast Day Stories:  www.cafod.org.uk  Child’s Guide to CAFOD:  Story of Sori  Link to LENT Charity |

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| SUMMER TERM **Reception Class** | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Show Self-confidence and self-awareness:**  **Manage feelings and behaviour:**  **Make relationships:** | Try new activities  Say what they like or dislike  Speak in a group  Talk about their ideas  Chose resources  Say if they do or don’t need help  Talk about how they and others feel  Talk about they and others behave  Talk about consequences for behaviour  Know some behaviour is unacceptable  Work as a class or part of a group  Understand and follow rules  Adjust behaviour to different situations  Adapt to changes in routine  Play co-operatively, take turns  Take account of one another’s ideas  Show sensitivity to others’ needs and feelings  Form positive relationships with both adults and other children | **Pentecost serving**  **Good News** Passing on the Good news of Jesus  **Reconciliation**  **Inter-relating**  **Friends**  Friends of Jesus  **Universal Church world**  **Our world** God’s wonderful world | develop an awareness of the need for exercise and rest and make simple choices that improve their health and well-being  explore different ways of communicating  learn that family and friends should care for each other (JIL)  recognise and deal with feelings in a positive way (JIL)  recognise right and wrong and learn to take responsibility for choices and actions  recognise what they like and dislike, what is fair and unfair  learn to say sorry  experience forgiveness  hear about God’s unconditional love  agree to and follow rules for  their group and classroom and  understand how rules help  them  develop the concept of sharing and taking turns  recognise how their behaviour affects other people  become aware that they have responsibilities within their family  identify and respect the similarities and differences between people and recognise and celebrate their own culture  know what improves and harms their local, natural and built environments and about some of the ways people look after them | SEAL ~ GOOD TO BE ME.  I can tell you the things I like doing and the things I don’t like doing. Pg 12.  SEAL ~ GETTING ON AND FALLING OUT.  I can make up when I have fallen out with a friend. Pg 18  I can thin k of ways to sort things out when we don’t agree. Pg 18  I can express me feeling when I’m angry. Pg 18  I can make myself feel better when I’m angry. Pg 18  Also see pages 22 to 25  SEAL ~ RELATIONSHIPS  I can tell you when I think things are fair or unfair. Pg 17.  SEAL ~ CHANGES  Has a range of activities that deal with how children have changed or making things change for the better Pg 20 to 23.  SEAL ~ GOOD TO BE ME  I can stand up for my own needs and rights without hurting others. Pg 14. | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)  www.cafod.org.uk/schools    Fairground:  29 - Millennium Development Goals—Making the world a fairer place.  CAFOD Primary CD ROM  [Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)  Fairground:  27 - Being a Peacemaker      Story of the Rainbow  Fairground:  18 - We are all Special  21 - Caring for the Forest  26 - Special Places  29 - Let’s Celebrate Difference   We work together poster and Lesson Plan    Child’s Guide to CAFOD—Who is my neighbour?  ‘One Day, One World’ Video  Primary CDROM  Rainbow Story |

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| AUTUMN TERM YEAR 1 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (SRE - bodies and hygiene)** | Know that they can explore the world through their senses  Learn how to make simple choices which improve their health and well being  Learn how to maintain personal hygiene  Be aware of the process of growing from young to old and the changing needs that brings | **Domestic church**  **Family Families**  God’s love and care for every family  **Baptism/ confirmation belonging**  **Belonging** Baptism an invitation to belong to  God’s family  **Advent/ Christmas loving Waiting** Advent a timeto look forward to Christmas | Know that humans move, eat grow and reproduce (JIL)  Name the main parts of the body (JIL)  Recognise themselves as male and female(JIL)  Learn how to improve personal hygiene(JIL)  Know that there are different types of families (JIL)  Recognise the roles of individuals within the family (JIL)  Know that secure loving relationships within the family are important (JIL)  Recognise they are created by God (JIL)  Recognise that babies have special needs (JIL)  Know about rituals that mark and celebrate birth and belonging to a community | **New beginnings**  Recognise that they are created by God  Agree to and follow rules for their group and classroom and understand how rules help them  **Say no to bullying**  Recognise that God cares for each person individually  Recognise that families and friends care for each other  Realise that people and other living things have needs, and that they have responsibilities to meet them  **Getting on and Falling out**  Know that they are valued within the family group  Recognise the roles of individual, within the family  Recognise that families and friends care for each other  Appreciate relationships and know that they belong to various groups and communities, such as family and school  Share their opinions on things that matter to them and explain their views | Fairground:  26– Special Places  18—We are all special  21—Caring for the Forest  29—Let’s Celebrate Difference    Story of the Rainbow  Fairground:  22– Fair Price for Coffee    Fair Trade quiz—buying and selling    Global Connections    Banana Game    Story of the Rainbow  Fairground:  19—Mani’s Healthy Journey  23—Where is my home?  25—Water for Life |

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| SPRING TERM YEAR 1 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education - safety and wellbeing)** | Learn about rules that are made to keep us safe  How to make simple choices which improve their health and well-being | **Local church community**  **Special people** People in the parish family  **Eucharist relating**  **Meals**  Mass; Jesus’ special  Meal  **Lent/Easter giving**  **Change** Lent a time for change | Recognise that families and friends care for each other (JIL) | **Going for Goals**  Set simple personal goals  Recognise, name and deal with their feelings in a positive way  Recognise choices they can make and recognise the different between right and wrong  **Relationships**  Begin to act considerately  Recognise, name and deal with their feelings in a positive way  Become aware of what makes them feel uncomfortable  Develop simple strategies for dealing with uncomfortable situations  Reflect on the family experience of loss and change  Know that family and friends should care for each other  Be aware that loss and change are part of life  Explore ways people can express their feelings about loss and change | Child’s Guide to CAFOD   Journey Through Bolivia.   Video: ‘One Day, One World’    CAFOD Primary CD ROM (September 2004)  Fairground:  21 - Caring for the Forest  27 - Being a Peace maker  Fast Day Stories:  www.cafod.org.uk    Child’s Guide to CAFOD:   Story of Sori    Fairground:  23 - Where is my home - Story of Sitara  25 - Water for Life. |

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| SUMMER TERM YEAR 1 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Difference and Diversity)**  **Environment** | Identify ways in which they can enhance their family lives  Listen to, work and play co-operatively with others  Recognise what makes something fair or unfair  Become aware of the rich variety of different cultures in our society  Respect the similarities and differences between people  Hear about different forms of communication media  What improves and harms their local environment and some of the different ways people look after it | **Pentecost serving**  **Holidays & holydays** Pentecost: feast of the Holy Spirit  **Reconciliation**  **Inter-relating**  **Being sorry**  God helps us to choose  well Sacrament of  Reconciliation  **Universal Church world**  **Neighbours** Neighbours share God’s world | Recognise that family and friends care for each other (JIL) | **Good to be me**  Recognise the importance of telling the truth  Recognise ways in which their behaviour affects others  Become aware of taking responsibility for words and actions  Learn how to say sorry and experience forgiveness  Hear about God’s unconditional love  Recognise, value and appreciate the work of others  Recognise their likes, dislikes and preferences and to express and justify a personal opinion  **Changes**  **T**hink about themselves and their experiences and learn from them | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)  www.cafod.org.uk/schools    Fairground:  29 - Millennium Development Goals—Making the world a fairer place.  CAFOD Primary CD ROM  [Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)  Fairground:  27 - Being a Peacemaker  Fairground:  18 - We are all Special  21 - Caring for the Forest  26 - Special Places  29 - Let’s Celebrate Difference    We work together poster and Lesson Plan    Child’s Guide to CAFOD—Who is my neighbour?  ‘One Day, One World’ Video  Primary CDROM  Rainbow Story |

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| AUTUMN TERM YEAR 2 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (SRE - the human body)** | Appreciate that some diseases spread and can be controlled  Recognise that they belong to distinct family groups | **Domestic church**  **Family**  **Beginnings** God at every beginning  **Baptism/ confirmation belonging**  **Signs & symbols** Signs & symbols in Baptism  **Advent/ Christmas loving**  **Preparations** Advent; preparing to celebrate Christmas | Learn that humans can produce babies (JIL)  Learn that babies grow into children and then adults(JIL)  Recognise themselves as male and female (JIL)  Hear about the ideal of loving and sharing in a Christian marriage (JIL)  Reflect on their contributions to building up a loving family (JIL)  Learn that family and friends should care for each other (JIL)  Understand how to treat themselves and others with respect and dignity (JIL) | **New beginnings**  Recognise what they are good at  Learn how rules help them and how to follow rules for the group or class  **Say no to bullying**  Recognise that there are different types of teasing and bullying is wrong, and how to get help to deal with bullying  Begin to understand and respect the dignity of people with specific disabilities  Recognise that every individual has special needs and that each need will vary in its identity and how it is addressed.  **Getting on and falling out** | Fairground:  26– Special Places  18—We are all special  21—Caring for the Forest  29—Let’s Celebrate Difference    Fairground:  22– Fair Price for Coffee   Fair Trade quiz—buying and selling   Global Connections   Banana Game   Story of the Rainbow  Fairground:  19—Mani’s Healthy Journey  23—Where is my home?  25—Water for Life |

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| SPRING TERM YEAR 2 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education - medicines and safety)** | Learn that all medicines are drugs but not all drugs are medicines  Learn basic road safety rules  Investigate the ways in which exercise and rest help develop healthy bodies  Learn how to make simple choices that improve their health and well-being | **Local church community**  **Books**  The books used in  Church  **Eucharist relating**  **Thanksgiving** Mass a special time for saying thank you to God for everything,  especially Jesus  **Lent/Easter giving**  **Opportunities** Lent; an pportunity to start anew in order to celebrate Jesus’ new life | Understand that their bodies are special and develop ways to protect and respect them (JIL)  Be able to talk about their behaviour and feelings can affect the behaviour and feelings of others (JIL) | **Going for Goals**  Learn how to set simple goals  Know how they learn best  **Relationships**  Develop an awareness of right and wrong  Reflect on their own experiences of loss, death and change  Explore family rituals relating to loss, death and change  Reflect on the community experience of loss and change  Know that sharing and expressing feelings of grief and loss is acceptable  Explore church rituals that mark loss, death and change | Child’s Guide to CAFOD   Journey Through Bolivia.   Video: ‘One Day, One World’    CAFOD Primary CD ROM (September 2004)  Fairground:  21 - Caring for the Forest  27 - Being a Peace maker  Fast Day Stories:  www.cafod.org.uk    Child’s Guide to CAFOD:   Story of Sori    Fairground:  23 - Where is my home - Story of Sitara  25 - Water for Life. |

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| SUMMER TERM YEAR 2 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Difference and Diversity)**  **Environment**  **Money Management** | Recognise the need to co-operate in work and play  Provide opportunities to explore celebrations in different cultures  Appreciate that advertising is part of contemporary life and its effects on our way of life  Begin to appreciate their responsibility for the world  investigate things which improve or harm the local and national environment and the things people do to care for it  Recognise that some of the earth’s resources are finite and therefore must be used responsibly by all of us  Recognise that money comes from different sources and can be used for different purposes | **Pentecost serving**  **Spread the word** Pentecost a time to spread the Good News  **Reconciliation**  **Inter-relating**  **Rules** Reasons for rules in the Christian family Sacrament of Reconciliation  **Universal Church world**  **Treasures** God’s treasure; the world | Understand how to treat themselves and others with mutual respect and dignity(JIL)  Recognise, name and deal with their feelings in a positive way (JIL)  Be able to talk about their emotions (JIL)  Become aware of what makes them feel uncomfortable and develop simple strategies for dealing with uncomfortable situations (JIL) | **Good to be me**  Recognise the need to respect the rights and properties of others  Recognise their gifts and talents  Recognise the importance of telling the truth and keeping promises  Begin to develop an understanding of the need for forgiveness and reconciliation  **Changes**  Share their opinions on things that matter to them and explain their views | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)  www.cafod.org.uk/schools    Fairground:  29 - Millennium Development Goals—Making the world a fairer place.  CAFOD Primary CD ROM  Www.cafod.org.uk/schools  Fairground:  27 - Being a Peacemaker  Fairground:  18 - We are all Special  21 - Caring for the Forest  26 - Special Places  29 - Let’s Celebrate Difference    We work together poster and Lesson Plan    Child’s Guide to CAFOD—Who is my neighbour?  ‘One Day, One World’ Video  Primary CDROM  Rainbow Story |

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| AUTUMN TERM YEAR 3 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (SRE - life stages and relationships)** | Understand that they grow and change throughout life.  Learn about what makes a healthy life-style, including the benefits of healthy eating, and how to make informed choices.  Learn that bacteria and viruses affect health and that following simple, safe routines can reduce their spread | **Domestic church**  **Family**  **Homes** God’s dream for every family  **Baptism/ confirmation belonging**  **Promises** Promises made at Baptism  **Advent/ Christmas loving**  **Visitors** Advent: waiting for the coming of Jesus | Learn to value themselves as children of God (JIL)  Learn the main stages of the human life cycle from birth to death (JIL)  Explore the expressions of love and joy in a family (JIL)  Explore the sacrament of marriage as an expression of love(JIL)  Investigate why parents need to care for their families (JIL)  Investigate what is meant by relationships within families (JIL)  Explore rituals celebrated in church, marking birth, marriage and death  Explore ways in which their actions can spoil loving family relationships (JIL)  Investigate what is meant by relationships with families (JIL) | **New beginnings**  Investigate the special qualities, gifts and emotions of each person made in the image and likeness of God  **Say no to bullying**  Realise the consequences of anti-social behaviours, such as bullying and racism, on individuals and communities  **Getting on and falling out**  Recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals | Fairground:  26– Special Places  18—We are all special  21—Caring for the Forest  29—Let’s Celebrate Difference    Story of the Rainbow  Fairground:  22– Fair Price for Coffee   Fair Trade quiz—buying and selling   Global Connections    Banana Game  Fairground:  19—Mani’s Healthy Journey  23—Where is my home?  25—Water for Life |

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| SPRING TERM YEAR 3 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education - tobacco education)**  **Citizenship and democracy** | Become aware of substances which harm the body  Become aware of choices they can make to protect their bodies  Understand which commonly available substances and drugs are legal and illegal, their effects and risks  Explore the qualities that make a good community  That there are different kinds of responsibilities, rights and , and that these can sometimes conflict  To recognise the role of community, voluntary and pressure groups  Explore why and how rules and laws are made and enforced and why different rules are needed in different situations  Become aware of school rules about health and safety, understand what democracy is, and about the basic institutions that support it locally and nationally. | **Local church community**  **Journeys** Christian family’s journey with Jesus  **Eucharist relating**  **Listening & sharing** Jesus gives himself to us in a  special way  **Lent/Easter giving**  **Giving all** Lent a time to remember Jesus’ total giving | Understand the importance of honesty and self-discipline (JIL)  Learn about daily routines to care for your body and understand about a healthy lifestyle (JIL) | **Going for Goals**  To resolve differences by looking at alternatives, making decisions and explaining choices  **Relationships**  Explore aspects of friendship  Explore changes that loss brings to themselves and others  Become aware of the range of feelings that people have when they experience a loss  Be aware that death leads to ‘new life’ with God ’  Become aware that the church has rituals and ways of dealing with death | Child’s Guide to CAFOD  Journey Through Bolivia.   Video: ‘One Day, One World’    CAFOD Primary CD ROM (September 2004)  Fairground:  21 - Caring for the Forest  27 - Being a Peace maker  Fast Day Stories:  www.cafod.org.uk    Child’s Guide to CAFOD:   Story of Sori    Fairground:  23 - Where is my home - Story of Sitara  25 - Water for Life. |

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| SUMMER TERM YEAR 3 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Difference and Diversity)**  **Environment** | Realise the consequences of anti-social behaviours, such as bullying and racism, on individuals and communities  Be aware of the importance of working together as part of a community  Develop an appreciation of their own cultures and identify some significant elements in them  to appreciate the range of national, regional., religious and ethnic identities in the United Kingdom  Explore how the media present information  Explore ways in which people affect the environment  Learn that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment  Explore ways in which they are responsible for their own environments, including the development of sensible road use | **Pentecost serving**  **Energy**  Gifts of the Holy  Spirit  **Reconciliation**  **Inter-relating**  **Choices**  The importance  of examination of  conscience Sacrament  of Reconciliation  **Universal Church world**  **Special places**  Holy places for Jesus  & the Christian | Explore the ways in which feelings affect, and are affected by actions (JIL) | **Good to be me**  Deepen the understanding of forgiveness and reconciliation  Explore the place of the sacrament of Reconciliation in their lives  Find out what happens to their bodies during periods of rest and exercise  **Changes**  3.3.c investigate the consequences of choices | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)  www.cafod.org.uk/schools    Fairground:  29 - Millennium Development Goals—Making the world a fairer place.  CAFOD Primary CD ROM  [Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)  Fairground:  27 - Being a Peacemaker  Fairground:  18 - We are all Special  21 - Caring for the Forest  26 - Special Places  29 - Let’s Celebrate Difference    We work together poster and Lesson Plan    Child’s Guide to CAFOD—Who is my neighbour?  ‘One Day, One World’ Video  Primary CDROM  Rainbow Story |

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| AUTUMN TERM YEAR 4 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (SRE-being healthy and preparing for puberty)** | Explore how to maintain a healthy body by a balanced diet  Understand what makes a healthy lifestyle, exercise, healthy eating and how to make informed choices  continues to develop the Understanding that families can be places of love and joy | **Domestic church**  **Family**  **People**  The family of God in Scripture  **Baptism/ confirmation belonging**  **Called**  Confirmation:  a call to witness  **Advent/ Christmas loving**  **Gift**  God’s gift of love &  friendship in Jesus | Develop their awareness of the life cycle from conception to birth (JIL)  Learn about themselves as a child of God and their body as God’s gift to them(JIL)  Know that each person , made in the image and likeness of God, has special qualities and gifts to contribute to community living (JIL)  To explore the sacrament of marriage as an expression of love (JIL)  Explore their family responsibility towards the relationship within the family (JIL)  Be aware of different types of relationship, including  marriage and those between friends and families and to develop skills to be effective in relationships(JIL)  Explore and develop strategies to maintain good relationships (JIL) | **New beginnings**  Identify positive things about themselves and their achievements  Explore the gifts of creation  Investigate the way people use God’s gift of creation  That there are different kinds of responsibilities, rights and duties at home, school and in community, and that these can sometimes conflict with each other  **Say no to bullying**  Reflect on spiritual, moral, social and cultural issues using imagination to understand other people’s experiences  Become aware of the consequences of anti-social behaviour, such as bullying, teasing and racism  **Getting on and falling out**  Explore and develop strategies to maintain good relationships deepen the understanding of what is meant by relationships and families | Fairground:  26– Special Places  18—We are all special  21—Caring for the Forest  29—Let’s Celebrate Difference    Fairground:  22– Fair Price for Coffee    Fair Trade quiz—buying and selling   Global Connections   Banana Game   Story of the Rainbow  Fairground:  19—Mani’s Healthy Journey  23—Where is my home?  25—Water for Life |

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| SPRING TERM YEAR 4 | | | | | |
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| **Our Lives (Drugs Education - alcohol education)** | Investigate ways that harmful substances can enter the body  Continue the awareness of ways to protect their body from harmful substances  Know which commonly available substances and drugs are legal and illegal and their effects and risks  Learn what makes a healthy lifestyle, exercise, healthy diet, and how to make informed choices  Learn school rules about health and safety, basic emergency aid procedures and where to get help  Explore the many ways in which people are exposed to advertising | **Local church community**  **Community** life in the local Christian community: ministries in  the parish  **Eucharist relating**  **Giving & receiving**  Living in communion  **Lent/Easter giving**  **Self discipline** Celebrating growth to new life | Learn about what makes a healthy lifestyle (JIL) | **Going for Goals**  Learn to see mistakes, make amends and set personal goals  Investigate people’s reactions to differences e.g. of talents, looks, cultures  **Good to be me**  Become aware of right and wrong choices and their consequences  Know how to respond to aggressive behaviour and how to ask for help | Child’s Guide to CAFOD  Journey Through Bolivia.   Video: ‘One Day, One World’    CAFOD Primary CD ROM (September 2004)  Fairground:  21 - Caring for the Forest  27 - Being a Peace maker  Fast Day Stories:  www.cafod.org.uk    Child’s Guide to CAFOD:   Story of Sori    Fairground:  23 - Where is my home - Story of Sitara  25 - Water for Life. |

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| SUMMER TERM YEAR 4 | | | | | |
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| **Our Lives (Difference and Diversity)**  **Environment** | Explore and value the differences of individuals in their communities  Learn about the range of jobs carried out by people they know  Investigate people’s reactions to differences e.g. of talents, looks, cultures  Investigate community life in a ‘ developing world’ area  Learn that difference and similarities between people arise from a number of factors, cultural, ethic, racial, religious, gender and disability  Become aware of the consequences of anti-social behaviour, such as bullying, teasing and racism  Identify ways in which people in our world depend on each other  think about lives of people living in other places and times and people with different values and customs  Explore the consequences of anti-social behaviour on individuals and communities  Explore ways in which their actions affect the environment and how they can work with others to preserve the environment | **Pentecost serving**  **New life**  To hear & live the  Easter message  **Reconciliation**  **Inter-relating**  **Building bridges** Admitting wrong, being reconciled with God and each other Sacrament of Reconciliation  **Universal Church world**  **God’s people** Different saints show people what God is like | Deepen their appreciation of the place of the sacrament of Reconciliation in their lives  Learn about the place of love and joy in families (JIL)  Continue to explore the Sacrament of marriage as an expression of love(JIL) | **Changes**  Deepen an understanding of the necessity to say sorry and forgive others  **Relationships**  Develop the understanding of honesty and self-discipline  Explore different situations that show care and consideration towards the needs of others  Appreciate that there are many feelings and emotions associated with grieving and loss (death, separation, divorce)  Be aware that death leads to ‘new life’ with God  Investigate the rituals and ways that the Church has to deal with death.  Explore strategies for dealing with emotions and feelings that come with death and loss  Learn that their feelings affect themselves and others, to care about other people’s feelings and to try and see things from their point of view | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)  www.cafod.org.uk/schools    Fairground:  29 - Millennium Development Goals—Making the world a fairer place.  CAFOD Primary CD ROM  [Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)  Fairground:  27 - Being a Peacemaker  Fairground:  18 - We are all Special  21 - Caring for the Forest  26 - Special Places  29 - Let’s Celebrate Difference    We work together poster and Lesson Plan    Child’s Guide to CAFOD—Who is my neighbour?  ‘One Day, One World’ Video  Primary CDROM  Rainbow Story |

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| AUTUMN TERM YEAR 5 | | | | | |
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| **Our Lives (Difference and Diversity)** | Explore the meaning of prejudice and how it can be expressed  Investigate ways in which the community deals with prejudice  Appreciate the range of national, regional, religious and ethnic identities within the UK  Understand that differences and similarities between people arise from a number of factors, including cultural, ethnic/racial, religious diversity, gender or disability  Consider the experiences and lives of other people living in other places/times and with different values and customs  Reflect on social, moral and cultural issues using imagination, to consider the experience of others  Develop an understanding and respect for the beliefs and cultures of others  Appreciate the diversity of national, regional, religious and ethnic identities in the UK.  Become aware of how local agencies support people in need | **Domestic church**  **Family**  **Ourselves** Created in the image & likeness of God  **Baptism/ confirmation Belonging**  **Life choices** Marriage commitment and service  **Advent/ Christmas Loving**  **Hope** Advent; waiting in joyful hope for Jesus; the promised one | Explore ways to reflect God’s unconditional love in their lives (JIL)  Reflect on personal responsibility for maintaining good relationships (JIL)  Explore ways of dealing with broken relationships and bringing about reconciliation (JIL) | **New beginnings**  Recognise their work as individuals by expressing positive things about themselves  Begin to explore the concept of democracy and the institutions which support it locally and nationally  Why and how rules and laws are made and enforced, that different rules are needed in different contexts and how to participate in the creation of rules and adapting them.  **Say no to bullying**  Express and justify a personal opinion issues of personal and social concern  Realise the nature and consequences of racism, teasing, bullying and aggressive behaviours, and how to respond to them and ask for help  **Getting on and falling out**  Learn that there are different kinds of duties, rights and responsibilities at home, at school and in the community and that these can sometimes conflict | Fairground:  26– Special Places  18—We are all special  21—Caring for the Forest  29—Let’s Celebrate Difference    Fairground:  22– Fair Price for Coffee    Fair Trade quiz—buying and selling   Global Connections   Banana Game   Story of the Rainbow  Fairground:  19—Mani’s Healthy Journey  23—Where is my home?  25—Water for Life |

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| SPRING TERM YEAR 5 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education-drug and alcohol education)** | Understand which commonly available substances and drugs are legal and illegal and their effects and the associated risk  Become aware of the effects of exercise bones , muscles and organs  Learn about options for a healthy lifestyle, including benefits of exercise healthy eating and what affects positive mental health, and to make informed choices  Develop an awareness of the way the media influences our choices | **Local church community**  **Mission** Continuing Jesus’ mission in diocese [ecumenism]  **Eucharist relating**  **Memorial sacrifice**  The Eucharist the living memorial of Jesus’ sacrifice  **Lent/Easter giving**  **Sacrifice**  Lent a time of aligning  with the sacrifice  already made  by Jesus | Learn about sources of help and support for individuals, families and groups (JIL)  That pressure to engage in unacceptable or risky behaviour can come from a variety of sources, including people they know, and to exercise basic techniques for resisting pressure(JIL)  Explore the need for a healthy lifestyle (JIL)  Recognise that actions have consequences for themselves and other, recognise others’ feelings and put themselves in someone else’s shoes (JIL)  Explore the meaning of friendship, trust and loyalty (JIL)  Learn about different types of relationships among friends and families and to develop skills needed to be effective in relationships (JIL)  To be able to talk about relationships and how to seek advice from significant adults (JIL)  Understand about a healthy lifestyle and the options and choices they make (JIL) | **Going for Goals**  **Relationships**  Understand that grieving (death, separation, divorce)is a process  Explore the ways in which Church rituals help people deal with loss | Child’s Guide to CAFOD  Journey Through Bolivia.   Video: ‘One Day, One World’    CAFOD Primary CD ROM (September 2004)  Fairground:  21 - Caring for the Forest  27 - Being a Peace maker  Fast Day Stories:  www.cafod.org.uk    Child’s Guide to CAFOD:   Story of Sori    Fairground:  23 - Where is my home - Story of Sitara  25 - Water for Life. |

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| SUMMER TERM YEAR 5 | | | | | |
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| **Our Lives (SRE – Puberty)**  **Environment** | As they approach puberty learn about bodily changes  learn about options for a healthy lifestyle, including benefits of exercise, healthy eating and what affects positive mental health  Appreciate the roles and responsibilities of other family members  Explore the concept that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment | **Pentecost serving**  **Transformation** Celebration of the Spirit’s transforming power  **Reconciliation**  **Inter-relating**  **Freedom & responsibility** Commandments enable Christians to be free & responsible  **Universal Church world**  **Stewardship**  The Church is called to the stewardship of Creation | Explore ways to reflect God’s unconditional love in their lives(JIL)  Learn how to manage feelings as they change(JIL)  Explore different ways to respond to the gifts of creation- using a variety of media and experiences (JIL)  Talk about relationships and know how to seek advice from significant adults(JIL)  Investigate what is involved in bringing up children(JIL)  As they approach puberty; the changes in emotions that puberty brings and how to manage their feelings Including menstruation(JIL)  Explore the marriage liturgy, especially the parents’ responsibility towards children as expressed through the vows of Christian marriage (JIL)  Learn about the different types of relationships among friends and families and develop the skills needed to be effective in relationships(JIL) | **Good to be me**  **Changes**  Reflect on their changing role and responsibilities within the family | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)  www.cafod.org.uk/schools    Fairground:  29 - Millennium Development Goals—Making the world a fairer place.  CAFOD Primary CD ROM  [Www.cafod.org.uk/schools](http://Www.cafod.org.uk/schools)  Fairground:  27 - Being a Peacemaker  Fairground:  18 - We are all Special  21 - Caring for the Forest  26 - Special Places  29 - Let’s Celebrate Difference    We work together poster and Lesson Plan    Child’s Guide to CAFOD—Who is my neighbour?  ‘One Day, One World’ Video  Primary CDROM  Rainbow Story |

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| AUTUMN TERM YEAR 6 | | | | | |
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| **Our Lives (Difference and Diversity – stereotyping)** | Explore the effects of stereotyping on other people  Investigate the effects of stereotyping on the community  Develop strategies for minimising the effects of stereotyping  Realise the nature and consequences of racism, teasing, bullying and aggressive behaviour  Recognise that differences and similarities between people arise from a number of factors  Reflect on the ways they are able to support people in their  community  Develop sensitivity and respect of the rights and needs of others regardless of gender, race, belief, physical and mental ability  Develop ways to evaluate media experiences and to make  critical judgements | **Domestic church**  **Family**  **Loving**  God who never stops loving  **Baptism/ confirmation belonging**  **Vocation & commitment** The vocation of priesthood and religious life  **Advent/ Christmas loving**  **Expectations** Jesus born to show God to the world | Recognise that actions have consequences for themselves and others, recognise others’ feelings (JIL) | **New beginnings**  Consider the necessity for family rules  Explore groups they belong to and the commitment made to groups  Recognise their worth as individuals by expressing positive things about themselves and their achievements  Learn that there are different kinds of duties, responsibilities and rights at home, school and in the community and that these can conflict with each other  **Say no to bullying**  Realise the nature and consequences of racism, teasing, bullying and aggressive behaviour  **Getting on and falling out**  Recognise risks in different situations and make judgements about behaviour | Fairground:  26– Special Places  18—We are all special  21—Caring for the Forest  29—Let’s Celebrate Difference    Story of the Rainbow  Fairground:  22– Fair Price for Coffee    Fair Trade quiz—buying and selling    Global Connections    Banana Game    Story of the Rainbow  Fairground:  19—Mani’s Healthy Journey  23—Where is my home?  25—Water for Life |

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| SPRING TERM YEAR 6 | | | | | |
| PSHE Opportunities for pupils to: | Children are able to: | Links to Come & See Topics | Links to RSE (JIL) Journey in Love  Children will: | Links to SEAL | Links to CAFOD/Other |
| **Our Lives (Drugs Education-drug and alcohol education)** | Develop appropriate techniques to resist pressure from friends and others with regard to tobacco, alcohol and drugs  Learn which commonly available substances and drugs are legal and illegal, their effects and risks  Investigate ways to achieve a healthy body through diet, exercise, hygiene and rest | **Local church community**  **Sources**  The Bible, the special book for the Church  **Eucharist relating**  **Unity** Eucharist enables people to live in communion.  **Lent/Easter giving**  **Death & new life** Celebrating Jesus’ death & resurrection | Develop skill needed to form, and to end relationships(JIL)  Continue developing ways to talk about relationships and to seek advice from significant adults(JIL)  Learn about different kinds of relationships among friends and families and develop the skills to be effective in relationships(JIL)  Recognise the risks in different situations and make judgements about behaviour (JIL)  Investigate ways to achieve a healthy body and lifestyle(JIL) | **Going for Goals**  Recognise their worth as individuals by expressing positive things about themselves and their achievements  **Relationships**  Know that there are helping agencies to support families and individuals in time of loss  Be aware that death leads to’ new life’ with God  Know that the Church has rituals and ways of dealing with death  Reflect on their developing role within the family | Child’s Guide to CAFOD   Journey Through Bolivia.   Video: ‘One Day, One World’    CAFOD Primary CD ROM (September 2004)  Fairground:  21 - Caring for the Forest  27 - Being a Peace maker  Fast Day Stories:  www.cafod.org.uk    Child’s Guide to CAFOD:   Story of Sori    Fairground:  23 - Where is my home - Story of Sitara  25 - Water for Life. |

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| SUMMER TERM YEAR 6 | | | | | |
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| **Our Lives (SRE - sex and relationship education)**  **Environment**  **Money management** | Be aware that balanced diet, exercise, hygiene and rest are necessary for maintaining a healthy body and a healthy mind  Learn that bacteria and viruses can affect heath and transmission may be reduced when simple safe routines are used  Consider ways in which they can contribute to family life  Deepen awareness of current environment issues in the  context of God’s creation including allocation of resources  Explore ways to look after money and the benefits of saving for future needs  (invite local Bank representatives to come into school ) ***Lloyds have a good schools prog so do Barclays*** | **Pentecost serving**  **Witnesses** The Holy Spirit enables people to become witnesses  **Reconciliation**  **Inter-relating**  **Healing** Sacrament of the Sick  **Universal Church world**  **Common good** Work of the worldwide Christian family | Reflect on the importance of God’s unconditional love(JIL)  Know the basic biology of human reproduction within the context of marriage (including sexual intercourse) (JIL)  Learn about different kinds of relationships among friends and families and to develop the skills needed to be effective in relationships(JIL)  Develop an appreciation of what is involved in bringing up children (JIL)  Hear about the commitment of Christian parents in bringing up their children (JIL)  Explore the responsibilities that parents have in bringing up children (JIL)  Recognise and value the importance of forgiveness in relationships and the place of themselves in this(JIL)  Develop ways to deal with the consequences of wrong choices(JIL) | **Good to be me**  **A**ppreciate the healing grace that is available through the sacrament of Reconciliation  **Changes**  Face new challenges positively through collecting information , looking for help, making responsible choices and taking action | A Day in the Life of a Child in Columbia: (Child’s Guide to CAFOD)  www.cafod.org.uk/schools    Fairground:  29 - Millennium Development Goals—Making the world a fairer place.  CAFOD Primary CD ROM  Www.cafod.org.uk/schools      Fairground:  27 - Being a Peacemaker      Story of the Rainbow  Fairground:  18 - We are all Special  21 - Caring for the Forest  26 - Special Places  29 - Let’s Celebrate Difference    We work together poster and Lesson Plan   Child’s Guide to CAFOD—Who is my neighbour?  ‘One Day, One World’ Video  Primary CDROM  Rainbow Story |